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February	
1st	MC Library: 2:30pm Animal Tracks Presentation by Miles City FWP
3rd	31st Annual Cowtown Beef Breeders Show: 11am-4pm on Main Street
	FFA Beef Judging at Miles Community College Ag Advancement Center 9am
	VFW Fish Fry: 5-7pm 'All You Can Eat' for \$13/plate
4th-5th	Battle of the Scholars: Advanced Bareback and Saddle Bronc practice with NFR Instructors. 9am at MCC-AG Adv Center
5th	Open Skating: 2-5pm at AgriSports Bldg at the Fairgrounds *Skate Rental is available
6th	Soup & Sew: 5:30-9pm at the VFW *Call (406) 234-1373, if you are interested or have any questions.
8th	Alzheimer's / Dementia Support Group 1:30pm at the Library
	Bingo Night: 6:30-9pm at Town & Country Club / dinner will be available at 5:30pm *Everyone Welcome
9th	Art Class: Painted Bouquet - Intro to Alcohol Inks: 6-9pm at Girl Ran Away Call 234-
10th	Valentine Dinner & Dance: Town & Country Club -RSVP is required: (406) 234-1600 or email: events@milescitytcc.com
11th	Dolly Parton Karaoke: 5-9pm at the VFW *to benefit the Imagination Library of southeastern MT
	Me & My Guy Dance: 5-7pm at CC Event Center *tickets: call 951-1310 or 853-2807 For girls 3-17 and an adult male
	Sip 'n Paint: Penguin 7pm at the VFW
12th	Pioneers to Hoop For Kyler Venable: 11am & 1pm games
	Super Bowl Party & Giveaway: Golden Spur: 12-8pm
	Eastern A Band Festival - CCDHS
16th	MCAEDC Board Meeting: 7am in room 106 - MCC
18th	Buckaroo Bash - Dinner & Auctions to benefit MCC Rodeo: 6pm at CC Event Center *Tickets: 874-6165
19th	Open Skating: 2-5pm at AgriSports Bldg at the Fairgrounds *Skate Rental is available
23rd	Art Class: Class: Embellished Initial Wall Hanging 6-8pm at Girl Ran Away *call to RSVP 234-1525
For	the Full Community Calendar, visit:
	milescitychamber.com/events



MILES CITY SOUP KITCHEN MONTHLY MENU

Feburary 2023

COME JOIN US FOR LUNCH! A wholesome lunch is

served to anyone in need, from 11:00 am to 12:30 pm, Monday thru Friday at the First United Methodist Church, at 24 North 11th Street in Miles City. The kitchen is located just north of Main on 11th street behind the Midrivers Office and M&H

FRIDAY

February 3, 2023

Potato Soup

February 10, 2023

Alfredo Soup

February 17, 2023

Lasagna Soup

February 24, 2023

Beef and Barley Soup

SATURDAY

02/04/23

CLOSED

02/11/23

CLOSED

02/18/23

CLOSED

02/25/23

CLOSED

Gas Station.

February 7, 2023

Taco Soup

February 14, 2023

Cooks Choice

February 21, 2023

Chicken Stew

February 28, 2023

Ham and Potatoes

TUESDAY

WEDNESDAY

Cheesy Ham Casserole

February 8, 2023

Pizza Casserole

February 15, 2023

Hamburger Soup

February 22, 2023

Special Guest Chef

For more info please call the kitchen at 234-5013. Donations are appreciated and help keep the kitchen operating. Mailing Address P.O. Box 93,

February 1, 2023

THURSDAY February 2, 2023

White Chicken Chili

February 9, 2023

Cabbage Soup

February 16, 2023

Preston's Beans and

Rice

February 23, 2023

Shephard's Pie Soup

CLOSED 02/19/23

CLOSED

02/26/23

CLOSED

Miles City, MT 59301

SUNDAY

CLOSED

02/05/23

CLOSED

02/12/23

MONDAY

February 6, 2023

Queso Chili

February 13, 2023

Shepherds Pie

February 20, 2023

Pizza Day

February 27, 2023

Anne's Spaghetti and

Meat Sauce

Cowtown BEEF BREEDER'S SHOW



February 3, 2023

Main Street - Miles City

The 31st Annual Cowtown Beef Breeders
Show, where area producers showcase
their particular breed of yearling bulls,
right down the middle of Main Street.
Sign up for a chance at a \$300
voucher towards purchase of a Bull!

Information: (406) 234-2890 Registration forms: milescitychamber.com

- 30+ Area Producers
- Showing 10 breeds from 3 States
- Outdoor AG Trade Show
- 4H & FFA Livestock Judging at MCC Ag Advancement Center



Join the VFW for the Fish Fry!



All-you-can-Eat-\$13/plate

Friday, February 3, 2023 5pm-7pm

119 N. 6th - Miles City Everyone Welcome!



MSU Extension Community Development

Reimagining Rural Inspiration Hour

Making things happen in small towns.

Third Wednesday of each month. 11:30-12:45 via WebEx.

montana.edu/extension/communitydevelopment/RRinspiration.html

Jan 18: "Supply and Demand of Leaders in Small Towns." Ben Winchester, University of Minnesota Extension.

Feb 15: "First Steps for Rehabing an Old Building." Jason Seyler, MT DEQ and Cathy Barta, Snowy Mtn Devel.

March 15: "Re-Branding your Town: How to Start and Why."

April 19: "Starting a New Festival: What Would Work? When to Plan? What do you Need?"

May 17: Tourism Grant Program (TGP) Info Session. The TGP is an easy-to-write grant for beautification or accessibility projects.

June 13 (Tuesday): Reimagining Rural In-Person Conference in Townsend, MT. Details coming soon.

July, August: Break for Summer.

Sept 20: "How to Get Started on a Trail or Walking Path in Your Town."

Oct 18: "Reimagining Rural: What have Towns Accomplished and How to Apply."

Nov 15: "Engaging Youth in Your Community."

Dec 20: "Celebrate the Wins." Hear what small towns accomplished this year and what is planned for next year.

*Topics subject to change based on input from community members.



SAVE THE DATES







Miles Community College Ag Advancement Center

February 4-5, 2023 9:00 AM

- Advanced Bareback and Saddle Bronc Practice

- NFR Instructors

Instructors:

Hank Franzen
Chase Brooks
Kolby Wanchuck
Sage Newman
Houston Brown
Kade Bruno

Text John Franzen at 307.689.2879 to reserve your spot.

** Limited Spots Available • Under 18 parent signature required **

MILES CITY TOWN & COUNTRY CLUB

Valentine's DINNER + DANCE

FEBRUARY 10TH 2023



Reservations

Required

New York Steaks \$40

Whiskey Sirloin \$35

Garlic Shrimp \$35

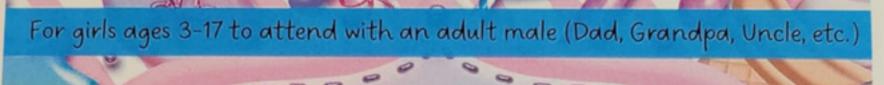
Served with Side Salad, Baked

Potato & Vegetable.

Cheese Cake for Dessert



table 234-1600 or email events@milescitytcc.com



Me And My Guy No. CANDY LAND DANCE

Saturday, February 11, 2023 5:30 p.m. - 7:30 p.m. Custer County Event Center

(located at the Fairgrounds)



Doors open at 4:30 p.m. Professional pictures will be available throughout the night. (\$20 for a digital image) We will also have a boutique filled with corsages, tiaras, wands and more!

Only girls and their dates are allowed to stay. Everyone else will be asked to clear out before the music begins at 5:30 p.m.

All proceeds go the American Heritage Girls Troop 3130.

For tickets or questions, please call Shandi @ 406-945-1310 or Jessica @ 406-853-2807

SUPER BOYL GIVEANAY BLACKSTONE GRILL AND

GOLDEN SPUR ACCESSORIES

How can I Win?

- Be or become a member of the Golden Spur Players Club
- Share and Like on our Facebook page for an extra entry
- Daily entries begin January 22nd
- Must be present to win February 12th





KARAOKE PARTY



FRIDAY FEBRUARY 17TH 9 MINUTES TO 5:00PM ELKS LODGE \$9.50

SLOPPY JO-LENES DINNER INCLUDED

Haraoke Prizes Best Costume Prizes Cash Bar
FUNDRAISER FOR THE EASTERN MONTANA IMAGINATION LIBRARY

Miles Community College Rodeo



Buckaroc BASIF

Saturday, February 18

Dinner - Auctions - Music & Dancing

Custer County Event Center

No-Host Cocktails: 6PM - Dinner: 7PM

Doors Open: 5:30PM

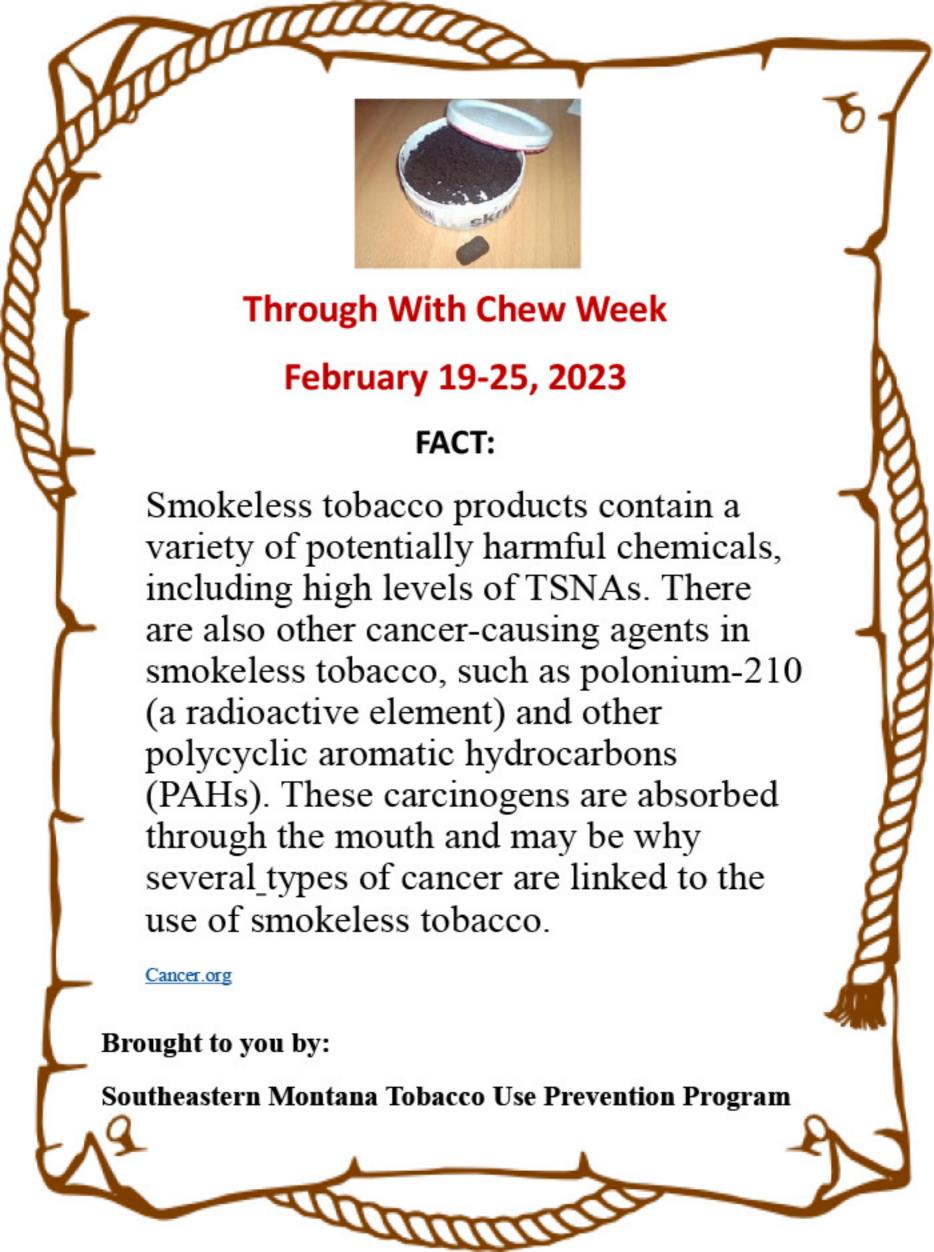
Tickets: \$75 each - Tables (of 8): \$600

Purchase tickets online - Scan here: bit.ly/MCCBuckarooBash

(Tickets must be purchased in advanced)



Contact: MCC house syrvan Lacross at 406-855-2184 or lacrosss@milescc.edu



14th Annual Miles City RSVP

Soup Supper





Thursday, March 16, 2023

5:00 p.m.-6:30 p.m.

Range Riders Hall

Adults \$10

Kids 10 and under \$5

ALL YOU CAN EAT!

Come and enjoy homemade soups, breads, and goodies prepared by local volunteers. All proceeds benefit your local Miles City RSVP program.



RSVP is sponsored by the City of Miles City with funding from the Corporation for National and Community Service/AmeriCorps



Miles City Chapter

State Banquet

Celebrating the

40th Anniversary

of Montana Walleyes Unlimited

Eastern Montana Fairgrounds-Custer County Event Center

Doors open @ 4:30 pm—Dinner @ 6:00 pm

April 1st, 2023

\$30- Adults
\$30- Adults
UNLIMITED
UNLIMITED
OF MONTANA

Raffles
Live Auction
Bucket Drawings
Heads or Tails
Bingo
Kids Games
Fish Races
Door Prizes: Adults & Kids

Fish &
Roast Beef
Dinner



State Awards

For Tickets Call:

(Only 600 will be sold)

Ramon: 406-853-0487 Tyler: 406-853-1716

Duncan: 406-951-2633

Or

Miles City Chamber of Commerce

"GIVING BACK TO OUR COMMUNITY"

Miles City Chapter of Walleyes Unlimited milescitywalleyes.net

For Info:
(406) 413-1136
MC.GEM.MINRAL®GMAIL.COM

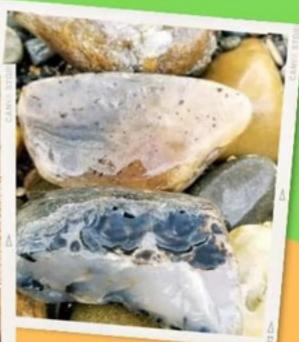
ADMISSION \$3 KIDS 12 & UNDER FREE THIRD ANNUAL
Miles City Gem
&

Mineral Show

Cabs
Jewelry
&
Much More





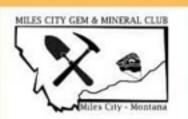








CUSTER COUNTY FAIRGROUNDS
42 GARRY OWEN ROAD



Kids Corner

Slabs



PLUHAR REPAIR

Small Engine Repair & Maintenance

> (406) 852-0542 929 Tatro Miles City

TIME TO RELAX



\$40 / HOUR

WALK-INS WELCOME

- Swedish
- Deep Tissue
- · Sports/Chair
- Prenatal/Postnatal
- Acupressure
- Reflexology
- Foot Massage
- Couple's Massage



Every massage completed in the student clinic goes toward the cost of that student's tuition.

Student Massage Clinic

Open

Tuesday-Friday 2:00pm-6:00pm Saturdays 9:00am-6:00pm



(406)234-6467 907a Main St. Miles City

Kira Noel

Fully Licensed & Certified
- 20 Years of Experience —

KIRA'S LICENSES & CERTIFICATIONS

Licensed Registered Nurse (RN)
Licensed Massage Therapist
Thai Abdominal Massage
Craniosacral Massage
Polarity Energy Work
Massage for Birthing
Traditional Thai Massage
Deep Tissue Cross Fiber Massage
Pregnancy Massage
Reiki Energy Work



406-852-0008



Table Massage includes a combination of deep tissue, myofascial trigger point release, Swedish, Shiatsu and Energy work.

Book Yours Today!

Located inside Montana Legacy Physical Therapy at 1009 Main Street, Miles City, MT.



Dr. Jessica Rosencranz, DPT

Physical Therapist

- •11 Years of Experience
- Certification in Dry Needling
- Clinic & Home Appointments



Montana Legacy PT 1009 Main Street, Miles City, MT

Call 406-852-7335

I Treat Work Injuries



Insurance We Bill For...







Make your
Physical Therapy
Appointment Today!



Youth use of marijuana increases in legalized states...Montana follows suit.

The percentage of Montana youth who have used Marijuana skyrocketed between 2020 and 2022.2

Past 30-day Marijuana use among Montana 8th-12th graders INCREASED 18% from 2020 to 2022 ²

MONTANA YOUTH ARE USING YOUNGER!

11-year-olds

13-year-olds

15-year-olds

1.5% (2020)

353% INCREASE



220% INCREASE



IF WE DON'T PROTECT OUR YOUTH, WHO WILL?

Cannabis legalization boosts use by double digits: A first-of-its kind study of twins finds those who live in states where marijuana is legal use it 24% more, ScienceDaily 2020 & 2022 Montana.
 Prevention Needs Assessment

2.2020 & 2022 Montana Prevention Needs Assessment

For more information contact: