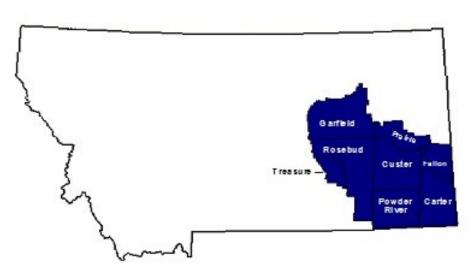
Southeastern Montana Community Management Team

Resource Guide



This document is maintained by Miles City RSVP in coordination with Job Service Miles City and the Southeastern Montana Community Management Team. All updates, corrections, additions, deletions and/or suggestions should be forwarded to RSVP, Attn: Cindy Erickson via email: <u>rsvp05@midrivers.com</u> or by calling 406-234-0505.

This Resource Guide is updated and distributed on a quarterly basis. If you would like to be added to the distribution list, please contact Cindy as noted above.

Please feel free to share the document with anyone who might find it useful.

Thank you to everyone for their help in developing and maintaining this document.





March 15, 2023

Montana Crisis and Emergency Resources

Montana Suicide Prevention and Mental Health Crisis Lifeline – Available 24 hours per day, every day Phone: 988

Online: https://988lifeline.org/

Montana 988 provides free and confidential emotional support to people in suicidal crisis or emotional distress, 24 hours a day, 7 days a week, across Montana. Healthcare professionals are also encouraged to use this number if they have a patient needing assistance.

Montana Crisis Recovery Line (COVID 19 Relief) - Available Monday-Friday 10 a.m. to 10 p.m.

Phone: (877) 503-0833

Free, anonymous crisis counseling for individuals feeling isolated, lonely, anxious, or stressed due to COVID19

Montana Crisis Text Line - Available 24 hours per day, every day

Text: MT to 741741

The Montana Crisis Text Line is part of the National Crisis Text Line providing free, 24/7 support via text message. It is available for any crisis: anxiety, depression, suicide, school stressors

Montana Human Trafficking Hotline

 Phone:
 (888) 373-7888 (TTY: 711)

 Text:
 233733

 Online:
 https://humantraffickinghotline.org/state/montana

 The NHTH works elevely with service providers, law enforcement, and other professionals in Mantana to

The NHTH works closely with service providers, law enforcement, and other professionals in Montana to serve victims and survivors of trafficking, respond to human trafficking cases, and share information and resources. 24/7 Confidential

<u>Montana Nurse First Line</u> – Available 24 hours per day, every day to Medicaid eligible persons Phone: (800) 330-7847

Toll-free and confidential nurse triage line staffed by licensed-registered nurses. Before you travel to your Primary Care Provider or the emergency room, call Nurse First to help you decide the best option or if you can treat the problem at home. Nurses at Nurse First may be able to help you save time and money by guiding you to the right care at the right place and at the right time

Montana Thrive – Cognitive Behavioral Therapy Skills

Online: https://thriveformontana.com/

Thrive by Waypoint Health is a free and confidential online program for people who want to take charge of their emotional well-being to lead happier, more satisfying lives. It teaches skills from cognitive behavior therapy (CBT) a method that has helped many people deal with stress, depression, and anxiety

Montana 211 - Available 24 hours per day, every day

Online: montana211.org

Montana 2-1-1 is a mobile friendly website that connects people to resources in their community for non-emergency needs. For more information, call (406) 272-8509.

Montana Warm Line - Available Monday-Friday 4 p.m. to 9 p.m. and Saturdays 3 p.m. to 6 p.m.

Phone: (877) 688-3377

For Montanans who live far away from services, there are few options for receiving support for mental illness without traveling long distances. The Warm Line utilizes the telephone and internet to provide home-based support services for people with mental illness by trained individuals with lived experience

Montana Veterans Crisis Line

Phone:	(800) 273-8255 and Press 1
Text:	838255
Online:	https://www.veteranscrisisline.net/

Assistance for Parents

ParentingMontana.Org

Online: <u>https://parentingmontana.org/</u>

Disability Services

Montana Parent Training & Information Center

Email: <u>mpti@montanapti.org</u> Online: https://www.mtempowermentcenter.org	Phone:	(877) 870-1190
Online: https://www.mtempowermentcenter.org	Email:	mpti@montanapti.org
	Online:	https://www.mtempowermentcenter.org/

Montana Youth in Transition

1617 Euclid Avenue, Suite 1, Helena, MT 59601Phone:(406) 442-2576Online:<u>http://montanayouthtransitions.org</u>

MonTECH

 Phone:
 (406) 243-5511

 Email:
 montech@mso.umt.edu

 Online:
 MT-AT.org

MonTECH loans assistive technologies and adaptive equipment to Montanans of all ages and provides free help to learn how to use them. Physical locations in Billings and Missoula; please call or write for an appointment.

Social Security Administration

Billings SSA Field OfficePhone:(866) 895-1795 (Monday through Friday 9 a.m. to 4 p.m.)Video Conference Capability at Job Service Miles City every Tuesday from 9 to 11:30 a.m.

Job Assistance / Employment

Rural Employment Opportunities (REO)

 2120 Grand Avenue-Suite 2, Billings, MT 59102

 Phone:
 (800) 546-1140

 Email:
 info@reomontana.org

 Online:
 http://reomontana.org/

 Through REO, Montana's agricultural workers have access to educational programs to complete their high school credentials, children's educational programs, job training and college certificates or degrees.

Legal Help

Montana Justice Foundation

Phone: (406) 523-3920 Charitable arm of the Montana legal community

Montana Legal Services Association)

 Phone:
 (800) 666-6899

 Online:
 www.montanalawhelp.org

 Provides low-income Montana residents access to the justice system

Low Income Energy Assistance Program (LIEAP) and Weatherization

Energy Share of Montana3117 Cooney Drive, Suite 102, Helena, MT 59602Phone:(406) 442-4900Toll Free: (888) 779-7589Email:contactus@energysharemt.comOnline:http://www.energysharemt.com/

Montana Dakota Utilities Assistance Program

 Phone:
 (800) 638-3278

 Online:
 <u>http://dphhs.mt.gov</u>

 Apply online:
 <u>http://dphhs.mt.gov/hcsd/energvassistance.aspx</u>

Low Income / Homeless Resources

<u>Lifeline</u>

Online: <u>www.checklifeline.org</u>

Lifeline is a federal benefit that lowers the monthly cost of phone or internet service. Qualifying is the first step to getting your Lifeline.

Montana Food Bank Network (online resources)

Online: <u>http://mfbn.org/gethelp</u>

Shelter Directory – Montana

Online: http://www.homelessshelterdirectory.org/montana.html

National Crisis and Emergency Resources

 National Disaster Distress Help Line
 – Available 24 hours per day, every day

 Phone:
 (800) 985-5990

 Text:
 Text "TalkWithUs" to 66746

 SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters

National Domestic Violence Hotline

Phone:(800) 799-SAFE (7233)Phone:(800) 787-3224Hotline provides essential tools and support to help survivors of domestic violence

Substance Abuse, Dependency Services, Prevention Services and Support Groups

FindTreatment.Gov

Find a treatment facility near youPhone:(800) 662-HELP (4357)Online:https://www.findtreatment.gov/

Montana Tobacco Quit Line Programs Offered

 Phone:
 (800) 784-8669

 Online:
 https://dphhs.mt.gov/publichealth/mtupp/quitline

Montana American Indian Commercial Tobacco Quit Line

Phone: (855) 524-7848

Pregnancy Post-Partum Quit Tobacco Program

Phone: (800) 784-8669

My Life, My Quit

 Phone:
 (855) 891-9989 or text "START" to 36072

 Online:
 <u>https://mt.mylifemyquit.org/index</u>

 My Life, My Quit is the Free and confidential way to guit smoking or vaping - help just for teens

Tax Assistance

 Montana Free File

 Phone:
 (800) 666-6899

 Online:
 <u>http://montanafreefile.org</u>

 Dedicated to helping you learn where to receive free tax assistance and how to get your refund faster by filing online

Veteran Services

Homeless Veteran's Coordinator

Tim Nordstrom, LCSW, HUD VA Social Worker Ben Steele VA Clinic, 1766 Majestic Lane, Billings, MT 59102 Phone: (406) 465-9635

Custer County

Emergency

In an Emergency, Dial 911

Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Police: (406) 234-6273 Sheriff: (406) 874-3320

Dispatch: (406) 232-3411

Resources

Child Care Assistance

 HRDC District 7

 7 North 31st Street, Billings, MT 59103

 Phone:
 (406) 247-4732

 Toll Free: (800) 433-1411

 Online:
 <u>http://www.hrdc7.org</u>

 Apply online for Best Beginnings Child Care Scholarship Program:

 http://www.dphhs.mt.gov/hcsd/childcare/resourceandreferral/milescity.shtml

Dental Care

Aye Family Dentistry520 Main Street, Miles City, MT 59301Phone:(406) 874-9637

Big Sky Smile Center

2600 Main Street, Miles City, MT 59301Phone:(406) 234-3536Online:www.bigskysmilecenter.com

Hogan Family Dental

1820 Valley Drive East, Miles City, MT 59301Phone:(406) 234-2926Online:www.hoganfamilydental.com

One Health

2811 Comstock Street, Miles City, MT 59301Phone:(406) 874-8711Online:https://www.chcfamily.org/miles-city-dental

Yerger Family Dental

2904 Mallet Lane, Miles City, MT 59301Phone:(406) 232-2214Online:www.yergerfamilydental.com

Disability Resources

Developmental Education Assistance Program (DEAP)

2200 Box Elder St., Miles City, MT 59301Phone:(406) 234-6034Online:http://www.deapmt.org

Toll Free: (800) 224-6034

Eastern Montana Industries (EMI)

 805 S. Haynes Ave., Miles City, MT 59301

 Phone:
 (406) 234-3740

 Online:
 <u>http://www.emi-mt.org</u>

LIFTT (Living Independently for Today and Tomorrow)

 112 S. Kendrick, PO Box 1387, Glendive, MT 59330

 Phone:
 (406) 948-8500

 Online:
 <u>http://www.liftt.org/</u>

Miles City Unified School District #1, Special Services Office

209 S. Lake, Miles City, MT 59301 Phone: (406) 234-3812

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583
 Toll Free: (877) 296-1198

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Domestic Violence, Sexual Assault & Stalking Victim Services

Custer Network Against Domestic Abuse and Sexual Assault (CNADA)2200 Box Elder, Miles City, MT 59301Phone:(406) 234-0542Emergency: (406)

Emergency: (406) 951-0475 (24/7 hotline available)

Education/Schools

Big Country Educational Cooperative (Provides special services for rural schools)

PO Box 668,	Miles City, MT 59301
Phone:	(406) 234-1957

Head Start

Online:

1608 Merriam,	Miles City, MT 59301
Phone:	(406) 234-5223
Online:	https://aemt.org/our-services/head-start/

Learning Center(Adult Basic Education/HiSet program)Miles Community College, 2715 Dickinson Street, Miles City, MT 59301Phone:(406) 874-6152Email:LC@milescc.edu

Miles City Unified School District #1

1604 Main Street, Miles City, MT 59301Phone:(406) 234-3840 (Superintendent)Online:<u>http://www.milescity.k12.mt.us/</u>

www.milescc.edu

Miles Community College

2715 Dickinson Street, Miles City, MT 59301Phone:(406) 874-6100Online:www.milescc.edu

Northeastern Montana Area Health Education Center

519 Pleasant St, Miles City MT 59301Phone:(406) 234-1424Online:https://www.montanahealthnetwork.com/nemt-ahec

Rural School Superintendent

Custer County Courthouse, 1010 Main Street, Miles City, MT 59301 Phone: (406) 874-3421

Family Services

Child Protective Services / Child and Family Services

 708 Palmer St, P 0 Box 880, Miles City, MT 59301

 Phone:
 (406) 234-1385
 Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Food Bank

Custer County Food Bank

15 North 8th Street, Miles City, MT 59301Phone:(406) 234-3663Email:custercountyfoodbank@yahoo.comOpen Tuesday through Thursday 9 a.m. - 1:30 p.m.

Healthcare

Billings Clinic, Miles City

620 S. Haynes Ave., Miles City, MT 59301 Phone: (406) 233-7000 Online: <u>www.billingsclinic.com/milescity</u>

Holy Rosary Healthcare

2600 Wilson Street, Miles City, MT 59301Phone:(406) 233-2600Online:www.holyrosaryhealthcare.org

Pregnancy Outreach Clinic

516 Pleasant Street, Miles City, MT 59301Phone:(406) 233-3098Online:www.pregnancyclinicofmc.org

One Health(provides Public Health Nursing services)Clinic:305 S. 4th Street, Miles City, MT 59301Phone:(406) 874-8700Program Office:515 Main Street, Miles City, MT 59301Phone:(406) 874-8711Online:www.chcfamily.org/onehealth

Wel-Home Health

 Phone:
 (406) 874-5134

 Email:
 hhdir@whhmilescity.com

 Care in your own home. Skilled nursing care, PT, OT, Respite Care, Home Health Aides, Grocery Shopping, Light Housekeeping, Homemakers, Transportation to appointments

Job Assistance / Employment

 Action for Eastern Montana (for youth)

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564

 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Job Service Miles City

 12 North 10th Street, P 0 Box 1786, Miles City, MT 59301

 Phone:
 (406) 232-8340

 Email:
 milescityjsc@mt.gov

 Online:
 www.montanaworks.gov

MT Senior Community Service Employment Program

Carol Hansen, Employment Specialist 2401 Montana Avenue, Suite 301, Billings, MT 59101 Phone: (406) 694-7269 Email: <u>carolh@esgw.org</u> Online: https://www.esgw.org/

Pathways(services to TANF cash assistance participants)201 Main Street, Wolf Point, MT 59201Phone:(406) 653-1720Online:http://dphhs.mt.gov/hcsd/worcmanual.aspx

Work Incentives Program and Assistance Program (WIPA)

Tiffany Costa, 1500 University Drive, Billings, MT 59101Phone:406-657-2098Email:Toll Free:Tiffany.Costa1@msubillings.eduOnline:http://www.msubillings.edu/socialsecurity/

888-866-3822

Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Legal Help

Eastern Montana CASA GAL (Court Appointed Special Advocates)

2705 E. Main Street, PO Box 1234, Miles City, MT 59301 Phone: (406) 234-2354 54253 US Hwy 2, Glasgow, MT 59230 Phone: (406) 230-6345

Custer County Attorney

1010 Main Street, Miles City, MT 59301 Phone: (406) 874-3310

<u>Custer County Courthouse</u> (kiosk available in lobby to print free legal documents) 1010 Main Street, Miles City, MT 59301

Juvenile Division 16th Judicial District (Juvenile Probation)

1010 Main Street, Miles City, MT 59301 Phone: (406) 874-3418

Miles City Public Defenders Office

11 South 7th Street, Suite 100, Miles City, MT 59301 Phone: (406) 234-1702

Low Income Energy Assistance Program (LIEAP) and Weatherization

Department of Public Health and Human Services

 Action for Eastern Montana, 2030 N. Merrill (PO Box 1309), Glendive, MT 59330 (Covers Custer County)

 Phone:
 (406) 377-3564

 Toll Free: (800) 227-0703

 Online:
 <u>http://dphhs.mt.gov/hcsd/energyassistance.aspx</u>

 Application:
 <u>http://dphhs.mt.gov/Portals/85/hcsd/documents/lieap/LIEAPApplication.pdf</u>

Low Income / Homeless Resources

Community Closet

Intersect Bible Church, 916 Garland, Miles City, MT 59301 Clothing for those in need – open Sundays from 2-4 p.m.

Country Thrift Store at Miles City Academy

1411 Leighton Blvd, Miles City, MT 59301 Phone: (406) 234-4146

Custer County Community Table/Miles City Soup Kitchen

 24 N. 11th Street, PO Box 93, Miles City, MT 59301

 Phone:
 (406) 234-5013

 Online:
 <u>https://milescitysoup.com/</u>

 Providing a healthy meal for all – for anyone hungry, lonely, or curious – Monday - Friday 11 a.m. to 12:30 p.m.

EMI Second Time Around

17 South 6th Street, Miles City, MT 59301 Phone: (406) 234-0036

Salvation Army

Custer County Dispatch Center, 1010 Main Street, Miles City, MT 59301 Phone: (406) 232-3411 Pastor Alan Brown - (406) 234-0447/ (406) 853-7656 Marielaine Hegel - (406) 853-1122 Assistance for Custer County residents with rent and utilities and other emergency services that are approved on a case-bycase basis. Transient needs: I.D. required; criminal record will be checked. Available services include one-night stay, bus ticket, gasoline, meal.

St. Vincent de Paul Thrift Store

407 Main Street, Miles City, MT 59301 Phone: (406) 234-3011

Low Income Housing (Section 8 and HUD Information and Low-Income Housing Options)

Custer Villa Apartments

210 Arrowhead Dr, Miles City, MT 59301 Phone: (406) 234-7755 Eagles Manor (Independent living for adults 62 & older or under 62 & disabled) 1000 Palmer, Miles City, MT 59301 Phone: (406) 234-5320

Miles City Housing Authority

310 N. Jordan, Miles City, MT 59330 Phone: (406) 234-3433

Action for Eastern Montana

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564
 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Mental Health

Addictive and Mental Disorders Division, Public Health and Human Services Antonia Klein, Community Program Officer, 219 N. Merriam, Miles City, MT 59301 Phone: (406) 234-1866

Big Sky Mental Health Services, PLLC

Pamela Columbik, MS, LCPC, NCC, BCPC Eleanor Patty Lavin, PMHCNS-BC 2000 Clark Street, Ste. 6, Miles City, MT 59301 Phone: (406) 234-7890

Carrie David, LCPC

14 N. 8th Street, P 0 Box 222, Miles City, MT 59301 Phone: (406) 852-0056

Eastern Montana Community Mental Health Center

 2508 Wilson Street, Miles City, MT 59301

 Phone:
 (406) 234-1687

 Crisis Text Line:
 Text START to 741-741

 Online:
 www.emcmhc.org

Eastern Montana Counseling and Consulting

Bob Zadow, LCPC, 2000 Clark Street, Miles City, MT 59301 Phone: (406) 234-2592

Essence Counseling Services LLC

Ashley Meidinger, LCSW, 519 Main Street, Miles City, MT 59301 Phone: (575) 693-0167

Hugs Counseling LLC

Tessa Hugs, LCPC, 14 N. 8th Street, Miles City, MT 59301 Phone: (406) 951-3568

Suicide Prevention Lifeline

Phone:	Phone: (406) 234-1900	(800) 273-TALK (8255)
Online:	www.suicidepreventionlifeline.org	
Online:	www.letstalkmilescity.org (local "Let's Talk	< Miles City" Resources)

Youth Dynamics

2813 Comstock, Miles City, MT 59301Phone:(406) 232-4233Online:http://www.youthdynamics.org

School Lunch Assistance (free and reduced hot lunches and breakfasts available)

Miles City Unified School District1604 Main Street, Miles City, MT 59301Phone:(406) 234-3840Forms and applications are given to parents when students are registered at the school.

 Adult Protective Services
 (Elderly/Developmentally Disabled Services)

 Phone:
 (406) 852-0411
 Toll Free: (844) 277-9300

 Online:
 http://dphhs.mt.gov/SLTC/APS
 Toll Free: (844) 277-9300

Action for Eastern Montana Agency on Aging

Linda Wolff, Program Specialist, 11 South 7th Street, Miles City, MT 59301 Phone: (406) 234-8028 Online: <u>www.aemt.org</u>

Custer County Council on Aging

 Rebecca Lynam, 1010 Main Street, Suite 12, Miles City, MT 59301

 Phone:
 (406) 874-3482

 Online:
 <u>http://www.custercountymt.com/services/council-on-aging/</u>

 General Information, Meals on Wheels, Congregate Meals, Home Visiting Program that provides Skilled Nursing, Personal Care and Homemaker Home Visits

Miles City RSVP

Cindy Erickson, Director, 11 S. 7th Street, Suite 110, Miles City, MT 59301 Phone: (406) 234-0505 E-mail: rsvp05@midrivers.com Providing meaningful volunteer opportunities for those 55 and older in the Montana counties of Custer, Carter, Fallon, and Rosebud

Substance Abuse, Dependency Services, Prevention Services and Support Groups

Alcoholics Anonymous/Narcotics AnonymousUrsuline Convent, 1411 Leighton Blvd., Miles City, MT 59301Phone:(406) 234-3459Online:www.aa.orgOnline:online:

EMCMHS/SADS

Eastern Montana Mental Health Center 2508 Wilson Street, PO Box 1503, Miles City, MT 59301 Phone: (406) 234-1687 Online: <u>http://www.emcmhc.com/services/#mha</u>

Gamblers Anonymous

Ursuline Convent, 1411 Leighton Blvd., Miles City, MT 59301 Phone: (406) 234-0360 Online: <u>http://www.gamblersanonymous.org</u>

Grief Share Support Group

Stevenson & Sons Funeral Home1717 Main Street, Miles City, MT 59301Phone:(406) 232-4457Online:http://stevensonandsons.com

Home Base Center for Community Support (open Monday-Friday 11 a.m. to 4 p.m.)

601 Main Street, Suite A, Miles City, MT 59301 Phone: (406) 351-9234 or (406) 351-9237 After hours assistance: (406) 874-8700

New Life Support Grief Group

Phone: (406) 874-3502

Phone: (406) 234-1900

Supplemental Nutrition Assistance Program (SNAP), Food Stamps, cash assistance, healthcare, childcare, housing, Medicare/Medicaid

Office of Public Assistance

219 North Merriam, Miles City, MT 59301Phone:(888) 706-1535Email:<u>hhshcsopacuster@mt.gov</u>Online:<u>http://www.dphhs.mt.gov</u>

Transportation

Custer County Transit

Phone: (406) 874-2222 Safe, efficient, and effective Public Transportation for all the Citizens of Miles City area of Custer County, MT. Call to make your reservations and explain your mobility needs. Must make reservations 24 hours in advance.

Veteran Services

Montana Veteran's Affairs

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

316 S Haynes Ave, Miles City, MT 59301 Phone: (406) 874-5600

Volunteers of America

Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301Phone:(406) 234-2333Online:<u>https://www.voanr.org</u>Offers SSVF and Moral Injury Services

Weatherization and Fuel Assistance

Action for Eastern Montana

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564
 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Women, Infants and Children (WIC)

One Health WIC Clinic

2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050

Carter County

Alzada Emergency

In an Emergency, Dial 911

Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Sheriff: (406) 828-4520

Ekalaka Emergency

In an Emergency, Dial 911 Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Sheriff: (406) 775-8743

Resources

Child Care Assistance

HRDC District 7

 7 North 31st Street, Billings, MT 59103

 Phone:
 (406) 247-4732

 Online:
 <u>http://www.hrdc7.org</u>

 Apply online for Best Beginnings Child Care Scholarship Program:

 http://www.dphhs.mt.gov/hcsd/childcare/resourceandreferral/milescity.shtml

Congregate Meals

Carter County Senior Citizen's Center

Main Street, Ekalaka, MT 59324 Phone: (406) 775-6203 Meals served Tuesday, Wednesday, Thursday 11:30 a.m. to 1 p.m.

Disability Services

Developmental Education Assistance Program (DEAP)

2200 Box Elder St., Miles City, MT 59301Phone:(406) 234-6034Online:http://www.deapmt.org

Toll Free: (800) 224-6034

Eastern Montana Industries (EMI)

805 S. Haynes Ave., Miles City, MT 59301Phone:(406) 234-3740Online:http://www.emi-mt.org

LIFTT (Living Independently for Today and Tomorrow)

 112 S. Kendrick, PO Box 1387, Glendive, MT 59330

 Phone:
 (406) 948-8500

 Online:
 <u>http://www.liftt.org/</u>

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583
 Toll Free: (877) 296-1198

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Education/Schools

Carter County High School

111 East Speelmon Street, Ekalaka, MT 59324Phone:(406) 630-1523

Ekalaka Elementary

121 W Speelmon, Ekalaka, MT 59327 Phone: (406) 630-1523

Family Services

Child Protective Services / Child and Family Services

708 Palmer St, P O Box 880, Miles City, MT 59301 Phone: (406) 234-1385

Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Food Bank

Carter County Food Bank

214 Parks Street, Ekalaka, MT 59324Phone:(406) 775-8751Email:ccsencit@midrivers.com

Healthcare

Dahl Memorial Healthcare Association, Inc

46 East Park St., Ekalaka, MT 59324 Phone: (406) 775-8739

Job Assistance / Employment

 Action for Eastern Montana (for youth)

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564

 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Job Service Miles City

12 North	10th Street, P 0 Box 1786, Miles City, MT 59301
Phone:	(406) 232-8340
Email:	milescityjsc@mt.gov
Online:	www.montanaworks.gov

Work Incentives Program and Assistance Program (WIPA)

 Tiffany Costa, 1500 University Drive, Billings, MT 59101

 Phone:
 406-657-2098

 Email:
 Tiffany.Costa1@msubillings.edu

 Online:
 http://www.msubillings.edu/socialsecurity/

888-866-3822

Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Meals on Wheels

Dahl Memorial Healthcare Association

Phone: (406) 775-8738

Senior Services

Adult Protective Services (Elderly/Developmentally Disabled Services)Phone:(406) 939-2238Toll Free: (844) 277-9300Online:http://dphhs.mt.gov/SLTC/APS

Miles City RSVP

Cindy Erickson, Director, 11 S. 7th Street, Suite 110, Miles City, MT 59301 Phone: (406) 234-0505 E-mail: rsvp05@midrivers.com Providing meaningful volunteer opportunities for those 55 and older in the Montana counties of Custer, Carter, Fallon, and Rosebud

Transportation

Carter County Carter Charter Phone: (406) 775-7086

Veteran Services

<u>Montana Veteran's Affairs</u>

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

316 S Haynes Ave, Miles City, MT 59301 Phone: (406) 874-5600

Volunteers of America

Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301Phone:(406) 234-2333Online:<u>https://www.voanr.org</u>Offers SSVF and Moral Injury Services

Women, Infants and Children (WIC)

<u>One Health WIC Clinic</u>

2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050

Fallon County

County of Fallon / City of Baker Emergency

In an Emergency, Dial 911 Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Sheriff: (406) 778-2879 Police: (406) 778-2151

Resources

Child Care Assistance

HRDC District 7

7 North 31st Street, Billings, MT 59103 Toll Free: (800) 433-1411 Phone: (406) 247-4732 Online: http://www.hrdc7.org Apply online for Best Beginnings Child Care Scholarship Program: http://www.dphhs.mt.gov/hcsd/childcare/resourceandreferral/milescity.shtml

Disability Services

Developmental Education Assistance Program (DEAP)

2200 Box Elder St., Miles City, MT 59301 (406) 234-6034 Phone: Online: http://www.deapmt.org

Toll Free: (800) 224-6034

Eastern Montana Industries (EMI)

805 S. Haynes Ave., Miles City, MT 59301 Phone: (406) 234-3740 Online: http://www.emi-mt.org

LIFTT (Living Independently for Today and Tomorrow)

112 S. Kendrick, PO Box 1387, Glendive, MT 59330 Phone: (406) 948-8500 Online: http://www.liftt.org/

Montana Vocational Rehabilitation

114 N. 7th Street, Miles City, MT 59301 Phone: (406) 232-0583 Toll Free: (877) 296-1198 Online: http://dphhs.mt.gov/detd/vocrehab

Domestic Violence, Sexual Assault & Stalking Victim Services

Custer Network Against Domestic Abuse and Sexual Assault (CNADA) 2200 Box Elder, Miles City, MT 59301

(406) 234-0542 Phone: Emergency: (406) 951-0475 (24/7 hotline available)

Education/Schools

Baker Public Schools PO Box 659, Baker, MT 59313 Phone: (406) 778-3329

Plevna School District #55

327 North Main, PO Box 158, Plevna, MT 59344 Phone: (406) 772-5666

Family Services

Child Protective Services / Child and Family Services

708 Palmer St, P O Box 880, Miles City, MT 59301 Phone:

(406) 234-1385

Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Healthcare

Fallon County Public Health

225 S. 3rd Street West, PO Box 820, Baker, MT 59313 Phone: (406) 778-2824 Email: fchd1@midrivers.com

Fallon Medical Complex

PO Box 820, Baker, MT 59313 Phone: (406) 778-3331

Montana Cancer Control and Screening Services

Richland County Health Department, 1201 W. Holly, Suite #1, Sidney, MT 59270Phone:(406) 433-2207Email:avandebossche@richland.orgOnline:www.richland.org

Job Assistance / Employment

 Action for Eastern Montana (for youth)

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564

 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Job Service Miles City

12 North 10	th Street, P O Box 1786, Miles City, MT 59301
Phone:	(406) 232-8340
Email:	milescityjsc@mt.gov
Online:	www.montanaworks.gov

Work Incentives Program and Assistance Program (WIPA)

 Tiffany Costa, 1500 University Drive, Billings, MT 59101

 Phone:
 406-657-2098

 Toll Free: (888) 866-3822

 Email:
 <u>Tiffany.Costa1@msubillings.edu</u>

 Online:
 http://www.msubillings.edu/socialsecurity/

 Free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Mental Health

Eastern Montana Community Mental Health Center

225 S. 3rd St.,	Baker, MT 59313
Phone:	406-377-6075
Online:	www.emcmhc.org

Senior Services

 Adult Protective Services
 (Elderly/Developmentally Disabled Services)

 Phone:
 (406) 939-2238
 Toll Free: (844) 277-9300

 Online:
 http://dphhs.mt.gov/SLTC/APS
 Toll Free: (844) 277-9300

Fallon County Council on Aging

Carla Brown, P O Box 1025, Baker, MT 59313 Phone: (406) 778-3595

Miles City RSVP

Cindy Erickson, Director, 11 S. 7th Street, Suite 110, Miles City, MT 59301 Phone: (406) 234-0505 E-mail: rsvp05@midrivers.com Providing meaningful volunteer opportunities for those 55 and older in the Montana counties of Custer, Carter, Fallon, and Rosebud including the Northern Cheyenne Indian Reservation

Substance Abuse, Dependency Services, Prevention Services and Support Groups

EMCMHC/SADS

225 S. 3rd St., Baker, MT 59313 Phone: 406-234-1687 Online: <u>www.emcmhc.org</u>

Substance Abuse Prevention Services

EMCMHC/Tracey Goerndt, Baker, MT 59313 Phone: 406-201-0071 Online: www.emcmhc.org

Tobacco Prevention

<u>Julie Russell</u> PO Box 210, Broadus, MT 59317 Phone: (406) 436-2762

Transportation

Fallon County TransportationPhone:(406) 978-9760

Veteran Services

Montana Veteran's Affairs Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

316 S Haynes Ave, Miles City, MT 59301 Phone: (406) 874-5600

Volunteers of America

 Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301

 Phone:
 (406) 234-2333

 Online:
 <u>https://www.voanr.org</u>

 Offers SSVF and Moral Injury Services

Women, Infants and Children (WIC)

One Health WIC Clinic

2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050

Garfield County

County of Garfield / City of Jordan Emergency

In an Emergency, Dial 911

Police, Sheriff, Dispatch - Non-emergency police and sheriff needs
Sheriff:(406) 557-2540Ambulance:(406) 977-9754.(406) 977-9755

Resources

Child Care Assistance

 Family Connections

 2229 5th Ave., Havre, MT 59501

 Phone:
 (406) 265-6743
 Toll Free: (800) 640-6743

 Online:
 http://www.familyconnectionsmt.org/

 Apply online for Best Beginnings Child Care Scholarship Program:

 https://familyconnectionsmt.org/families/child-care-scholarships

Disability Services

Developmental Education Assistance Program (DEAP)

 120 W Towne, Glendive, MT 59330

 Phone:
 (406) 377-4909

 Online:
 <u>http://www.deapmt.org</u>

Toll Free: (800) 578-4909

Eastern Montana Industries (EMI)

805 S. Haynes Ave., Miles City, MT 59301Phone:(406) 234-3740Online:<u>http://www.emi-mt.org</u>

LIFTT (Living Independently for Today and Tomorrow)

 112 S. Kendrick, PO Box 1387, Glendive, MT 59330

 Phone:
 (406) 948-8500

 Online:
 <u>http://www.liftt.org/</u>

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583
 Toll Free: (877) 296-1198

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Domestic Violence, Sexual Assault & Stalking Victim Services

Custer Network Against Domestic Abuse and Sexual Assault (CNADA)

2200 Box Elder, Miles City, MT 59301 Phone: (406) 234-0542

Emergency: (406) 951-0475 (24/7 hotline available)

Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Education / Schools

<u>HeadStart</u>

120 Colorado Blvd, PO Box 1309, Glendive, MT 59330 Phone: (406) 377-3009

Family Services

Child Protective Services / Child and Family Services

708 Palmer St, P 0 Box 880, Miles City, MT 59301

Phone: (406) 234-1385

Food Bank

Garfield County

Phone: (406) 557-2050

Healthcare

Garfield County Health Center

332 Leavitt Ave., Jordan, MT 59337 Phone: (406) 557-2500

Garfield County Health Nurse

332 Leavitt Ave., Jordan, MT 59337 Phone: (406) 557-2050

Wel-Home Health

 Phone:
 (406) 874-5134

 Email:
 hhdir@whhmilescity.com

 Care in your own home. Skilled nursing care, PT, OT, Respite Care, Home Health Aides, Grocery Shopping, Light Housekeeping, Homemakers, Transportation to appointments

Job Assistance / Employment

Job Service Miles City

12 North 10th Street, P 0 Box 1786, Miles City, MT 59301Phone:(406) 232-8340Email:milescityjsc@mt.govOnline:www.montanaworks.gov

Work Incentives Program and Assistance Program (WIPA)

 Tiffany Costa, 1500 University Drive, Billings, MT 59101

 Phone:
 406-657-2098

 Email:
 <u>Tiffany.Costa1@msubillings.edu</u>

 Online:
 http://www.msubillings.edu/socialsecurity/

 Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Low Income Housing

Action for Eastern Montana (Section 8 and HUD Information)2030 N. Merrill (PO Box 1309), Glendive, MT 59330Phone:(406) 377-3564Online:www.aemt.org

Mental Health

Eastern Montana Community Mental Health Center

352 Leavitt Ave., Jordan, MT 59337Phone:406-234-1687Online:www.emcmhc.org

Senior Services

 Adult Protective Services
 (Elderly/Developmentally Disabled Services)

 Phone:
 (406) 852-0411
 Toll Free: (844) 277-9300

 Online:
 http://dphhs.mt.gov/SLTC/APS
 Toll Free: (844) 277-9300

Substance Abuse, Dependency Services, Prevention Services and Support Groups

EMCMHC/SADS

352 Leavitt Ave, Jordan, MT 59337Phone:406-234-1687Online:www.emcmhc.org

Veteran Services

Montana Veteran's Affairs

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

316 S Haynes Ave, Miles City, MT 59301 Phone: (406) 874-5600

Volunteers of America

Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301Phone:(406) 234-2333Online:<u>https://www.voanr.org</u>Offers SSVF and Moral Injury Services

Women, Infants and Children (WIC)

 WIC

 207 West Bell, Glendive, MT 59330

 Phone:
 (406) 377-5215

 Online:
 <u>http://wic.mt.gov/</u>

Powder River County

County of Powder River / City of Broadus Emergency

In an Emergency, Dial 911 Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Sheriff: (406) 436-2333

Resources

Agency on Aging

Action for Eastern Montana

 2030 N. Merrill, PO Box 1309, Glendive, MT 59330

 Phone:
 (406) 377-3564
 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Developmental Education Assistance Program (DEAP)

2200 Box Elder St., Miles City, MT 59301Phone:(406) 234-6034Online:http://www.deapmt.org

Eastern Montana Industries (EMI)

805 S. Haynes Ave., Miles City, MT 59301Phone:(406) 234-3740Online:<u>http://www.emi-mt.org</u>

LIFTT (Living Independently for Today and Tomorrow)

 112 S. Kendrick, PO Box 1387, Glendive, MT 59330

 Phone:
 (406) 948-8500

 Online:
 http://www.liftt.org/

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583
 Toll Free: (877) 296-1198

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Toll Free: (800) 224-6034

Emergency: (406) 951-0475 (24/7 hotline available)

Domestic Violence, Sexual Assault & Stalking Victim Services

Custer Network Against Domestic Abuse and Sexual Assault (CNADA)

2200 Box Elder, Miles City, MT 59301 Phone: (406) 234-0542

Education/Schools

Powder River County Schools

500 N. Trautman, Broadus, MT 59317 Phone: (406) 436-**2658**

Food Bank

Powder River Food Bank

119 N Park Ave., Broadus, MT 59317 Phone: (406) 436-2635

Healthcare

Powder River Manor

104 Trautman, PO Box 716, Broadus, MT 59317Phone:(406) 436-2646Email:prmadmin@powderrivermanor.com

Powder River Medical Clinic

507 N. Lincoln Ave., Broadus, MT 59317 Phone: (406) 436-2651

Powder River Public Health

507 North Lincoln, PO Box 210, Broadus, MT 59317 Phone: (406) 436-2297 Email: prpublichealth@rangeweb.net

Wel-Home Health

Phone: (406) 874-5134

Email: <u>hhdir@whhmilescity.com</u> Care in your own home. Skilled nursing care, PT, OT, Respite Care, Home Health Aides, Grocery Shopping, Light Housekeeping, Homemakers, Transportation to appointments

Job Assistance / Employment

 Action for Eastern Montana (for youth)

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564

 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Job Service Miles City

12 North 10th Street, P 0 Box 1786, Miles City, MT 59301Phone:(406) 232-8340Email:milescityjsc@mt.govOnline:www.montanaworks.gov

MT Senior Community Service Employment Program

Carol Hansen, Employment Specialist 2401 Montana Avenue, Suite 301, Billings, MT 59101 Phone: (406) 694-7269 Email: <u>carolh@esgw.org</u> Online: <u>https://www.esgw.org/</u>

Work Incentives Program and Assistance Program (WIPA)

 Tiffany Costa, 1500 University Drive, Billings, MT 59101

 Phone:
 406-657-2098

 Toll Free: (888) 866-3822

 Email:
 <u>Tiffany.Costa1@msubillings.edu</u>

 Online:
 http://www.msubillings.edu/socialsecurity/

 Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Low Income Housing

Action for Eastern Montana (Section 8 and HUD Information)2030 N. Merrill (PO Box 1309), Glendive, MT 59330Phone:(406) 377-3564Toll Free: (800) 227-0703Online:www.aemt.org

Mental Health

Eastern Montana Community Mental Health Center-Broadus Clinical Office

507 North Lincoln, Broadus, MT 59317 Cody Kinzer, Licensed Clinical Social Worker Phone: (406) 853-2310

Public Transportation/Dial-A-Ride

Coordinator

PO Box 406, Broadus, MT 59317 Phone: (406) 436-2243

Senior Services

 Adult Protective Services
 (Elderly/Developmentally Disabled Services)

 Phone:
 (406) 852-0411
 Toll Free: (844) 277-9300

 Online:
 http://dphhs.mt.gov/SLTC/APS
 Toll Free: (844) 277-9300

Substance Abuse, Dependency Services, Prevention Services and Support Groups

EMCMHC

507 S Lincoln Ave., Broadus, MT 59317 Carl Austin, Licensed Addiction Counselor (Available Thursdays) Phone: (406) 234-1687

Alcoholics Anonymous – Wednesdays – 7 – 8 p.m. – Courthouse Election Room Al-Anon – Tuesdays – 6:30 – 7:30 p.m. - Courthouse Election Room Prescription Drop-Off Box – Powder River County Sheriff's Dept.

Tobacco Prevention

Morgan Weller, Tobacco Prevention Specialist

PO Box 210, B	roadus, MT 59317
Phone:	(406) 436-2297
Email:	morgan.weller@powderriverhealth.org

Veteran Services

Montana Veteran's Affairs

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

 316 S Haynes Ave, Miles City, MT 59301

 Phone:
 (406) 874-5600

Volunteers of America

 Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301

 Phone:
 (406) 234-2333

 Online:
 <u>https://www.voanr.org</u>

 Offers SSVF and Moral Injury Services

Women, Infants and Children (WIC)

One Health WIC Clinic 2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050

Prairie County

County of Prairie / City of Terry Emergency

In an Emergency, Dial 911

Police, Sheriff, Dispatch - Non-emergency police and sheriff needsSheriff:(406) 635-5738Email:sheriff@co-prairie.mt.us

Resources

Child Care Assistance

HRDC District 7

7 North 31st Street, Billings, MT 59103 Phone: (406) 247-4732 Toll Free: (800) 433-1411 Online: <u>http://www.hrdc7.org</u> Apply online for Best Beginnings Child Care Scholarship Program: <u>http://www.dphhs.mt.gov/hcsd/childcare/resourceandreferral/milescity.shtml</u>

Disability Resources

Developmental Education Assistance Program (DEAP)

2200 Box Elder St., Miles City, MT 59301Phone:(406) 234-6034Online:http://www.deapmt.org

Toll Free: (800) 224-6034

Eastern Montana Industries (EMI)

805 S. Haynes Ave., Miles City, MT 59301Phone:(406) 234-3740Online:http://www.emi-mt.org

LIFTT (Living Independently for Today and Tomorrow)

 112 S. Kendrick, PO Box 1387, Glendive, MT 59330

 Phone:
 (406) 948-8500

 Online:
 <u>http://www.liftt.org/</u>

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583

 Toll Free: (877) 296-1198

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Education/Schools

 Terry Public Schools

 215 E. Park, Terry, MT 59349

 Phone:
 (406) 635-5533

Family Services

Child Protective Services / Child and Family Services

218 W. Bell - Suite 101, Glendive, MT 59330 Phone: (406) 377-4963

Healthcare

Prairie County Clinic

409 Bowen Street, Terry, MT 59349 Phone: (406) 635-5863

Prairie County Public Health Department

203 S. Logan Avenue, PO Box 202, Terry, MT 59349 (406) 635-2020 Phone: Email: pchealth@midrivers.com

Job Assistance

Action for Eastern Montana (for youth)

2030 N. Merrill	(PO Box 1309), Glendive, MT 59	330
Phone:	(406) 377-3564	Toll Free: (800) 227-0703
Online:	www.aemt.org	

Job Service Miles City

12 North 10th Street, P O Box 1786, Miles City, MT 59301 Phone: (406) 232-8340 Email: milescityjsc@mt.gov Online: www.montanaworks.gov

MT Senior Community Service Employment Program

Carol Hansen, Employment Specialist 2401 Montana Avenue, Suite 301, Billings, MT 59101 Phone: (406) 694-7269 Email: carolh@esgw.org Online: https://www.esgw.org/

Work Incentives Program and Assistance Program (WIPA)

Tiffany Costa, 1500 University Drive, Billings, MT 59101 Phone: 406-657-2098 Toll Free: (888) 866-3822 Email: Tiffany.Costa1@msubillings.edu Online: http://www.msubillings.edu/socialsecurity/ Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Low Income Housing

Action for Eastern Montana (Section 8 and HUD Information) 2030 N. Merrill (PO Box 1309), Glendive, MT 59330 (406) 377-3564 Toll Free: (800) 227-0703 Phone: Online: www.aemt.org

Mental Health

Addictive and Mental Disorders Division, Public Health and Human Services

Antonia Klein, Community Program Officer, 219 N. Merriam, Miles City, MT 59301 Phone: (406) 234-1866

Eastern Montana Community Mental Health Center

409 Bowen Street, Terry, MT 59349 Phone: 406-234-1687 Online: www.emcmhc.org

Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Senior Services

Adult Protective Services(Elderly/Developmentally Disabled Services)Phone:(406) 939-2238Toll Free: (844) 277-9300Online:http://dphhs.mt.gov/SLTC/APS

Supplemental Nutrition Assistance Program (SNAP), Food Stamps, cash assistance, healthcare, childcare, housing, Medicare/Medicaid

Office of Public Assistance

219 North	Merriam, Miles City, MT 59301
Phone:	(888) 706-1535
Email:	<u>hhshcsopacuster@mt.gov</u>
Online:	<u>http://www.dphhs.mt.gov</u>

Veteran Services

Montana Veteran's Affairs

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

316 S Haynes Ave, Miles City, MT 59301 Phone: (406) 874-5600

Volunteers of America

 Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301

 Phone:
 (406) 234-2333

 Online:
 <u>https://www.voanr.org</u>

 Offers SSVF and Moral Injury Services

Weatherization and Fuel Assistance

Action for Eastern Montana

 2030 N. Merrill (PO Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564
 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Women, Infants and Children (WIC)

One Health WIC Clinic 2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050

Rosebud County

Ashland Emergency

In an Emergency, Dial 911 Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Sheriff: (406) 784-2399

Colstrip Emergency

In an Emergency, Dial 911

Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Police: (406) 748-2211 Sheriff: (406) 748-3385

Forsyth Emergency

In an Emergency, Dial 911		
Police, Sheriff, Dispatch - Non-emerger	ncy police and s	sheriff needs
Sheriff: (406) 346-2715	Dispatch:	(406) 346-3074

Lame Deer Emergency

In an Emergency, Dial 911

Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Police: (406) 477-6288 Sheriff: (406) 346-2715 Dispatch: (406) 346-3074

Dispatch: (406) 748-2211

Resources Child Care Assistance

HRDC District 7

 7 North 31st Street, Billings, MT 59103

 Phone:
 (406) 247-4732

 Online:
 <u>http://www.hrdc7.org</u>

 Apply online for Best Beginnings Child Care Scholarship Program:

 <u>http://www.dphhs.mt.gov/hcsd/childcare/resourceandreferral/milescity.shtml</u>

Disability Resources

Chief Dull Knife College Vocational Rehabilitation (CDKC VR)

 P O Box 98, Lame Deer, MT 59043

 Phone:
 (406) 477-3641

 Email:
 wdagel@cdkc.edu

Developmental Education Assistance Program (DEAP)

 2200 Box Elder St., Miles City, MT 59301

 Phone:
 (406) 234-6034
 Toll Free: (800) 224-6034

 Online:
 <u>http://www.deapmt.org</u>

Eastern Montana Industries (EMI)

805 S. Haynes Ave., Miles City, MT 59301Phone:(406) 234-3740Online:http://www.emi-mt.org

LIFTT (Living Independently for Today and Tomorrow)

 112 S. Kendrick, PO Box 1387, Glendive, MT 59330

 Phone:
 (406) 948-8500

 Online:
 <u>http://www.liftt.org/</u>

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Domestic Violence, Sexual Assault & Stalking Victim Services

Custer Network Against Domestic Abuse and Sexual Assault (CNADA)

2200 Box Elder, Miles City, MT 59301 Phone: (406) 234-0542

Emergency: (406) 951-0475 (24/7 hotline available)

Education/Schools

Chief Dull Knife College1 College Dr., Lame Deer, MT 59043Phone:(406) 477-6215

Forsyth Adult Education Program (adult basic education/HiSet program)

281 North 17th Street, PO Box 319, Forsyth, MT 59327 Phone: (406) 346-2076

Forsyth Public Schools

425 B, 19th Ave., Forsyth, MT 59327 Phone: (406) 346-2796

Rosebud County Superintendent of Schools

1200 Main Street, Forsyth, MT 59327 Phone: (406) 346-2537

Family Services

Child Protective Services/Child and Family Services

121 North 11th, Forsyth, MT 59327 Phone: (406) 346-7918

Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Food Bank

Forsyth Food Pantry

Basement of Old Hospital, 218 North 17th, Forsyth, MT 59327 Phone: (406) 356-7734

Healthcare

 Bighorn Valley Health Center

 501 Main Street, Ashland, MT 59003

 Phone:
 (406) 784-2346

 Medication Assisted Treatment, Behavioral Health, Licensed Addiction Counselor through Telehealth/Telemedicine

Forsyth Public Health Department

281 North 17th Street, Forsyth, MT 59327 Phone: (406) 346-2156

Rosebud Healthcare Center Transportation (transport to Miles City or Billings for medical appointments)

Phone: (406) 346-4237

Rosebud County Care Center

 383 North 17th, Forsyth, MT 59327

 Phone:
 (406) 346-2161

Wel-Home Health

 Phone:
 (406) 874-5134

 Email:
 hhdir@whhmilescity.com

 Care in your own home. Skilled nursing care, PT, OT, Respite Care, Home Health Aides, Grocery Shopping, Light Housekeeping, Homemakers, Transportation to appointments

Job Assistance / Employment

 Action for Eastern Montana (for youth)

 2030 N. Merrill (P0 Box 1309), Glendive, MT 59330

 Phone:
 (406) 377-3564

 Toll Free: (800) 227-0703

 Online:
 www.aemt.org

Job Service Miles City

12 North 10th Street, P 0 Box 1786, Miles City, MT 59301Phone:(406) 232-8340Email:milescityjsc@mt.govOnline:www.montanaworks.gov

MT Senior Community Service Employment Program

Carol Hansen, Employment Specialist 2401 Montana Avenue, Suite 301, Billings, MT 59101 Phone: (406) 694-7269 Email: <u>carolh@esgw.org</u> Online: <u>https://www.esgw.org/</u>

Rosebud County WoRC Program (services to TANF cash assistance participants)

121 North11th Street, Forsyth, MT 59327Phone:(406) 346-2536Online:http://dphhs.mt.gov/hcsd/worcmanual.aspx

Work Incentives Program and Assistance Program (WIPA)

 Tiffany Costa, 1500 University Drive, Billings, MT 59101

 Phone:
 406-657-2098

 Email:
 <u>Tiffany.Costa1@msubillings.edu</u>

 Online:
 http://www.msubillings.edu/socialsecurity/

 Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

25

Legal Help

Victim Witness Program

1200 Main St., Forsyth, MT 59327 Phone: (406) 346-2237

Low Income Housing

Forsyth Low Income Housing (Section 8 and HUD Information) Forsyth Village Apts., 1855 Main Street, PO Box 43, Forsyth, MT 59327 Phone: (406) 356-9815

Section 8 Housing

P 0 Box 200545, Helena, MT 59620 Phone: (406) 841-2830

Mental Health

Eastern Montana Community Mental Health Center

121 N 11th, PO Box 1257, Forsyth, MT 59327 Phone: (406) 346-7654 Online: <u>www.emcmhc.org</u>

Eastern Montana Community Mental Health Center

415 Willow St., Colstrip, MT 59323Phone:406-346-7654Online:www.emcmhc.org

Youth Dynamics

421 Olive Drive, PO Box 1077, Colstrip, MT 59323Phone:(406) 784-3084Online:http://www.youthdynamics.org

Senior Services

 Adult Protective Services (Elderly/Developmentally Disabled Services)

 Phone:
 (406) 852-0411
 Toll Free: (844) 277-9300

 Online:
 <u>http://dphhs.mt.gov/SLTC/APS</u>

Miles City RSVP

Cindy Erickson, Director, 11 S. 7th Street, Suite 110, Miles City, MT 59301Phone:(406) 234-0505E-mail:rsvp05@midrivers.comProviding meaningful volunteer opportunities for those 55 and older in the Montana counties of Custer, Carter, Fallon, and
Rosebud

Substance Abuse, Dependency Services, Prevention Services and Support Groups

<u>Al Anon</u>

Phone: (406) 356-2176

Alcoholics Anonymous

Phone: (406) 356-7177

Phone: (406) 356-2983

EMCMHC/SADS

415 Willow St., Colstrip, MT 59323Phone:406-346-7654Online:www.emcmhc.org

EMCMHS/SADS

 121 North 11th, PO Box 1257, Forsyth, MT 59327

 Phone:
 (406) 346-7654

 Online:
 www.emcmhc.org

Narcotics Anonymous

Phone: (406) 356-7549

Supplemental Nutrition Assistance Program (SNAP), Food Stamps, cash assistance, healthcare, childcare, housing, Medicare/Medicaid

Office of Public Assistance

 Phone:
 (888) 706-1535

 Online:
 <u>http://www.dphhs.mt.gov</u>

Veteran Services

Montana Veteran's Affairs

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

316 S Haynes Ave, Miles City, MT 59301 Phone: (406) 874-5600

Volunteers of America

Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301Phone:(406) 234-2333Online:<u>https://www.voanr.org</u>Offers SSVF and Moral Injury Services

Women, Infants and Children (WIC)

Communities of Lame Deer, Forsyth, Colstrip, and Rosebud

100 Cheyenne, Lame Deer, MT 59043 281 North 17th, Forsyth, MT 59327 Phone: (406) 477-4527

Phone: (406) 234-6034

Community of Ashland

Bighorn Valley Health Center - the second Wednesday of each month from 10 a.m. to 3:30 p.m. Call the WIC Office at (406) 234-6034 or (800) 224-6034 for more information.

One Health WIC Clinic

2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050

Treasure County

County of Treasure / City of Hysham Emergency

In an Emergency, Dial 911 Police, Sheriff, Dispatch - Non-emergency police and sheriff needs Sheriff: (406) 343-5211

Resources

Child Care Assistance

 HRDC District 7

 7 North 31st Street, Billings, MT 59103

 Phone:
 (406) 247-4732
 Toll Free: (800) 433-1411

 Online:
 <u>http://www.hrdc7.org</u>

 Apply online for Best Beginnings Child Care Scholarship Program:

 http://www.dphhs.mt.gov/hcsd/childcare/resourceandreferral/milescity.shtml

Disability Resources

Developmental Education Assistance Program (DEAP)

2200 Box Elder St., Miles City, MT 59301Phone:(406) 234-6034Online:http://www.deapmt.org

Toll Free: (800) 224-6034

Eastern Montana Industries (EMI)

 805 S. Haynes Ave., Miles City, MT 59301

 Phone:
 (406) 234-3740

 Online:
 <u>http://www.emi-mt.org</u>

LIFTT (Living Independently for Today and Tomorrow)

 1201 Grand Ave., Billings, MT 59102

 Phone:
 (406) 259-5181

 Online:
 <u>http://www.liftt.org/</u>

Montana Vocational Rehabilitation

 114 N. 7th Street, Miles City, MT 59301

 Phone:
 (406) 232-0583
 Toll Free: (877) 296-1198

 Online:
 <u>http://dphhs.mt.gov/detd/vocrehab</u>

Domestic Violence, Sexual Assault & Stalking Victim Services

Custer Network Against Domestic Abuse and Sexual Assault (CNADA)

2200 Box Elder, Miles City, MT 59301 Phone: (406) 234-0542

Emergency: (406) 951-0475 (24/7 hotline available)

Toll Free: (800) 669-6319

Education/Schools

Hysham Public Schools

P 0 Box 272, 115 Summit Street, Hysham, MT 59038 Phone: (406) 342-5237

Healthcare

Treasure County Public Health

405 Pioneer Ave., PO Box 201, Hysham, MT 59038Phone:(406) 342-5886Email:tcph@rangeweb.net

Family Services

Child Protective Services/Child and Family Services

121 North 11th, Forsyth, MT 59327 Phone: (406) 346-7918

Toll Free: (866) 820-5437 (24-hour child abuse hotline)

Job Assistance / Employment

Job Service Miles City12 North 10th Street, P O Box 1786, Miles City, MT 59301Phone:(406) 232-8340Email:milescityjsc@mt.govOnline:www.montanaworks.gov

Work Incentives Program and Assistance Program (WIPA)

 Tiffany Costa, 1500 University Drive, Billings, MT 59101

 Phone:
 406-657-2098

 Toll Free: (888) 866-3822

 Email:
 <u>Tiffany.Costa1@msubillings.edu</u>

 Online:
 http://www.msubillings.edu/socialsecurity/

 Provides free benefits counseling services statewide for individuals who receive disability benefits (SSI/SSDI/CDB) who return to work. Explains the impact of state and federal benefits and how to report wage income to SSA

Mental Health

Addictive and Mental Disorders Division, Public Health and Human Services

Antonia Klein, Community Program Officer, 219 N. Merriam, Miles City, MT 59301 Phone: (406) 234-1866

Senior Services

 Adult Protective Services (Elderly/Developmentally Disabled Services)

 Phone:
 (406) 852-0411
 Toll Free: (844) 277-9300

 Online:
 <u>http://dphhs.mt.gov/SLTC/APS</u>

Supplemental Nutrition Assistance Program (SNAP), Food Stamps, cash assistance, healthcare, childcare, housing, Medicare/Medicaid

Office of Public Assistance

219 North Merriam, Miles City, MT 59301	
Phone:	(888) 706-1535
Email:	<u>hhshcsopacuster@mt.gov</u>
Online:	<u>http://www.dphhs.mt.gov</u>

Veteran Services

Montana Veteran's Affairs

Earl E. Edmonds, Veteran's Service Officer, 1020 N. Haynes Ave., Miles City, MT 59301 Phone: (406) 232-1203

Veteran's Administration Medical Center

 316 S Haynes Ave, Miles City, MT 59301

 Phone:
 (406) 874-5600

Volunteers of America

Mohan Raffety, 517 N. Strevell Ave, Miles City, MT 59301Phone:(406) 234-2333Online:<u>https://www.voanr.org</u>Offers SSVF and Moral Injury Services

Women, Infants and Children (WIC)

One Health WIC Clinic

2811 Comstock, Miles City, MT 59301 Phone: (406) 851-5050